

# Cornflour Goop!

**This is a very simple Sensory play! All you need is a bowl/oven dish, some Cornflour and water! It's so great you might have to join in yourself!**



**Please be aware this is quite a messy play, although its easier to clean up than it looks! If you are concerned about mess, this is a great activity to play in the bathtub and you can simply wash the Goop away!**

**Place one cup of Cornflour into the bowl then slowly add water until all of the cornstarch is wet (It's usually around 2 parts Cornflour to 1 part water). You can also add a few drops of food colouring to your water to make it colourful! Slowly mix together, when ready it will have a thick consistancy which acts like a solid when you apply pressure. Dont worry if you add too much water, just add in some more Cornflour .**

**This magical goop is a great activity to enjoy when talking about solids and liquids!**

**Ask your child to hold their hands flat on the bottom of the dish, the mixture should feel like quicksand - this is fun for little feet too!**

**Stiring this mixture is harder than it looks, let your child experiment, if they stir slowly it should be quite simple, but if they stir quickly, it becomes much more difficult!**